# coachcricket

## Joining the coaching family?

Which is the right programme for you?



# What are the outcomes of the programme?

### **ECB Support Coach**

This programme has been designed to give learners the knowledge, skills and confidence to support qualified coaches.

### **ECB Foundation I Coach**

This programme has been designed to give learners the knowledge, skills and confidence to coach cricket sessions that are purposeful, active, safe and enjoyable.

### **ECB Core Coach**

This programme has been designed to give learners the knowledge, skills and confidence to lead player-centred coaching sessions.



# Will this programme qualify me to coach independently and unsupervised?

### **ECB Support Coach**

An ECB Support Coach is not qualified to lead coaching sessions independently and therefore must be supervised by a qualified cricket coach.

### **ECB Foundation I Coach**

An ECB Foundation I Coach will be qualified to lead coaching sessions independently and without supervision.

### **ECB Core Coach**

An ECB Core Coach will be qualified to lead coaching sessions independently and without supervision.

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### Who is it for?

### **ECB Support Coach**

Anyone aged 16 and over wishing to support qualified coaches, inspire players and make a difference to the game.

### **ECB Foundation I Coach**

Anyone aged 17 and over wishing to become qualified to coach cricket, inspire and develop players and make a difference to the game.

### **ECB Core Coach**

Anyone aged 17 and over wishing to become qualified to coach cricket, inspire and develop players and make a difference to the game.



### What is the programme content?

### **ECB Support Coach**

- Supporting coaches and players
- Communicating with coaches and players

- Supporting fielding, bowling and batting
- Safety
- icoachcricket

### **ECB Foundation I Coach**

- Role of an ECB Foundation I Coach
- What does coaching look like?
- Coaching fielding, bowling and batting
- Foundation principles fielding, bowling and batting
- The coaching tools
- Safety
- Differentiation

### **ECB Core Coach**

- Role of an ECB Core Coach
- icoachcricket
- Player-centred planning process
- Player development
- Coaching tools
- Practice types

- Core principles batting, bowling (pace and spin), fielding and wicketkeeping
- Tactical, physical and mental skills
- Safety
- Differentiation

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### What commitment does the programme require?

### **ECB Support Coach**

- £40.00
- 1 face-to-face module lasting 3 hours
- 2 bitesize e-learning modules lasting 10-15 minutes each
- Multiple choice question assessment

### **ECB Foundation I Coach**

- £150.00
- 4 face-to-face modules lasting 3 hours each including 2 observed coaching opportunities
- 7 bitesize e-learning modules lasting 15-20 minutes each
- Multiple choice question assessment

### **ECB Core Coach**

- £300.00
- 8 face-to-face modules lasting 3 hours each including 2 observed coaching opportunities
- 6 bitesize e-learning modules lasting 15-20 minutes each
- Multiple choice question assessment
- Short answer question assessment



### What are the prerequisites for certification?

### **ECB Support Coach**

- 16 years of age
- Valid ECB DBS
- Valid safeguarding training e.g. Safeguarding Young Cricketers

### **ECB Foundation I Coach**

- 18 years of age
- Valid ECB DBS
- Valid safeguarding training e.g. Safeguarding Young Cricketers

### **ECB Core Coach**

- 18 years of age
- Valid ECB DBS
- Valid safeguarding training e.g. Safeguarding Young Cricketers

### **ECB Support Coach**

### Module 1 – Introducting ECB Support Coach

 Introduces the core themes of the programme and helps prepare for the face-to-face module.



### Module 2 -Supporting coaching

- Role of an ECB Support Coach
- What does support coaching look like?
- Coaching your turn
- Player welfare and safeguarding
- Coaching fielding, bowling and batting - your turn.



### Module 3 -Being an ECB Support Coach

- Explores how support coaches enhance players' experiences using a variety of scenarios
- Multiple choice question assessment.

Link to Safeguarding Young Cricketers.

### **ECB Foundation I Coach**

### Module 1 -Welcome to the family

Introduces the learner to the programme. providing an overview of its outcomes and expectations.



### Module 2 -Being an ECB Foundation I Coach

Explores how coaches can enhance players' experiences and focuses on safety guidance using a variety of scenarios.



### Module 3 icoachcricket

The key features are demonstrated and a scenario is used to develop the learner's understanding of how to use the website and app during the programme and out in the field. This module also prepares learners for the first coaching opportunity in module 5.



### Module 4 -Coaching fielding

Explores fielding and helps learners prepare for their turn to coach fielding during module 6.



### Module 8 -Coaching bowling

Explores bowling and helps learners prepare for their turn to coach bowling during module 10.



Revisits the coaching tools after their demonstration and application during modules 5 and 6. Each coaching tool is explained followed by a scenario that explores their use when coaching catching relay.



### Module 6 -Wicket taking in the field

- Introduction to the coaching tools
- What does coaching fielding look like?
- Fielding foundations
- Coaching fielding your turn
- Differentiation and the STEP framework.



- Role of an ECB Foundation I Coach
- What does coaching look like?
- Coaching your turn
- What is purposeful, active, safe and enjoyable coaching?
- Coaching purposeful, active, safe and enjoyable - your turn.





- Explores batting and helps coach batting during module 11.
- Online multiple-choice questionnaire.



### Module 10 - Taking wickets

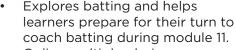
- What does coaching bowling look like?
- Bowling foundations
- Coaching bowling your
- Player welfare and safeguarding.

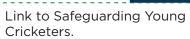


### Module 11 - Scoring runs

- What does coaching batting look like?
- Batting foundations
- Coaching batting your turn.







### **ECB Core Coach**

### Module 1 -Becoming an ECB Core Coach

 Introduces the learner to the programme, providing an overview of its outcomes and expectations

### Module 2 -What is player-centred coaching?

Introduces the player-centred planning process. A simple framework to help design, coach and review sessions

# Module 3 - Understanding players

 Explores player development and helps coaches to consider how they can understand and be in tune with the needs of different individuals

# Module 4 - Identifying outcomes

 This module examines the skills that players need to develop and enhance at every stage of their development

# Module 5 Designing practices and understanding the coaching tools

 Explores the continuum of practice and its relationship with the coaching tools

# Module 10 - Coaching wicketkeeping

- The wicketkeeper present and future
- What does coaching wicketkeeping look like?
- Core principles of wicketkeeping
- Coaching wicketkeepers

# Module 9 - Coaching batting

- The batter present and future
- What does coaching batting look like?
- Core principles of batting
- Coaching batters

### Module 8 -Your kitbag

- Players
- Outcomes
- The continuum of practice
- The coaching tools
- Player welfare and safeguarding

### Module 7 -Core coaching I

- Role of an ECB Core Coach
- Coaching your turn
- What does coaching look like to you?

### Module 6 -Unlocking icoachcricket

- Demonstrates the resources, features and guidance available on web and app platforms
- Multiple choice question assessment

Link to Safeguarding Young Cricketers.

### Module 11 -Coaching spin bowling

- The spin bowler present and future
- What does coaching spin bowling look like?
- · Core principles of spin bowling
- Coaching spin bowlers

### Module 12 -Coaching fielding

- The fielder present and future
- What does coaching fielding look like?
- Core principles of fielding
- Coaching fielders

### Module 13 -Coaching pace bowling

- The pace bowler present and future
- What does coaching pace bowling look like?
- Core principles of pace bowling
- Coaching pace bowlers



Coaching -



